

# Strand Units

Self-Identity

Taking care of my body

Growing and changing

Safety and Protection

Making decisions

Myself and my family

My friends and other people

Relating to others

Developing citizenship

Media Education

Strategies for developing positive school climate and atmosphere

Developing appropriate home/school communication

Catering for individual needs

Creating a health promoting physical environment

Developing democratic process

Enhancing self-esteem

Fostering respect for diversity

Fostering inclusive and respectful language

Building effective communication within the school

Developing a school approach to assessment

Strand	Myself				Myself and others				Myself and the wider world			
→												
Others												
5 <sup>th</sup> & 6 <sup>th</sup>												
3 <sup>rd</sup> & 4 <sup>th</sup>												
1 <sup>st</sup> & 2 <sup>nd</sup>												
Infants												

## Implementing SPHE in the School

