Treasure Island – Activities.

Congratulations!. You have been selected to stay on a Treasure Island for the next four days. The climate is very similar to that experienced in Ireland and there is no civilisation on the island whatsoever. You must choose what equipment to bring with you for the four days from the list given. Please note that the weight of your rucksack must not exceed 15 Kg as you set out on this journey of a lifetime.

Product	Weight
Rucksack	1.5 Kg
Water	
Food ration	3.2 Kg (4 days @ 0.8 Kg per day)

Consider:

- The weight restriction
- Warmth
- Safety
- Water and Food content